

2007-2008 Fall/Winter Pool Schedule

Starts September 1, 2007

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim 6-7:30 a.m.		Lap Swim 6-7:30 a.m.		Lap Swim 6-7:30 a.m.		
	Swim Lessons 9:30-10:30 a.m.		Swim Lessons 9:30-10:30 a.m.			
Joints in Motion 10:30-11:30 a.m.	Joints in Motion 10:30-11:30 a.m.	Joints in Motion 10:30-11:30 a.m.	Joints in Motion 10:30-11:30 a.m.	Joints in Motion 10:30-11:30 a.m.	Lessons 10:30-11:30 a.m.	
Lap Swim 11:30 a.m. – 1 p.m.	Lap Swim 11:30 a.m. – 1 p.m.	Lap Swim 11:30 a.m. – 1 p.m.	Lap Swim 11:30 a.m. – 1 p.m.	Lap Swim 11:30 a.m. – 1 p.m.	Lap Swim 11:30 a.m.-1 p.m.	
Water Volleyball 1-3 p.m.	Swim Lessons 4-4:30 p.m.	Water Volleyball 1-3 p.m.	Swim Lessons 4-4:30 p.m.	Water Volleyball 1-3 p.m.	Open Swim 1-4 p.m.	Lap Swim 1-2 p.m.
Day Care Open Swim 3:30-4:30 p.m.	Swim Lessons 4-4:30 p.m.	Day Care Open Swim 3:30-4:30 p.m.	Swim Team 4:30-5:30			Open Swim 2-4 p.m.
Swim Team 4:30-5:30	Swim Team 4:30-5:30 p.m.	Swim Team 4:30-5:30 p.m.	Swim Team 4:30-5:30 p.m.	Swim Team 4:30-5:30 p.m.		
Lap Swim 5:30-6:15 p.m.	Lap Swim 5:30-6:15 p.m.	Lap Swim 5:30-6:15 p.m.	Lap Swim 5:30-6:15 p.m.	Lap Swim 5:30-6:15 p.m.		
Swim Lessons 6:15-6:45 p.m.	Swim Lessons 6:15-6:45 p.m.	Swim Lessons 6:15-6:45 p.m.	Swim Lessons 6:15-6:45 p.m.			
Aqua Aerobics 7-8 p.m.	Open Swim 7-8 p.m.	Aqua Aerobics 7-8 p.m.	Open Swim 7-8 p.m.	Open Swim 6:15-7:30 p.m.		
Lap Swim 8-9 p.m.	Lap Swim 8-9 p.m.	Lap Swim 8-9 p.m.	Lap Swim 8-9 p.m.	Lap Swim 7:30-8:30 p.m.		